

# TALKING CASEMIX

Volume 4 Issue 2

June 2000

THE NEWSLETTER OF THE NATIONAL ALLIED HEALTH CASEMIX COMMITTEE

*Funded by the Commonwealth Department of Health and Aged Care*

## NAHCC SEMINAR 2000

**Cairns, North Queensland**

**Change of dates:  
August 27 - 30, 2000**

**Location:** Cairns Convention Centre  
Cairns, Queensland, Australia

**Change Of Format:** Monday & Tuesday: Allied Health concurrent sessions within the Twelfth Casemix Conference.  
Wednesday afternoon: NAHCC Post Conference Workshop, *Planning for a Healthy Future*.

**Features:**

- Managing Change for Allied Health
- Allied Health Organisational Structures
- Mainstreaming Allied Health Data
- Rural and Remote Health
- Innovations in Allied Health

**To Register:** To register for both the NAHCC Post Conference Workshop and the Twelfth Casemix Conference, complete the *Twelfth Casemix Conference Registration Brochure* (which you will receive soon) and return to Conference Logistics.

**Enquiries:** Accommodation and travel enquiries should be directed to Conference Logistics 02 6281 6624. Other enquiries can be directed to the NAHCC Secretariat.

## THE TWELFTH CASEMIX CONFERENCE - CAIRNS QUEENSLAND -

The Twelfth Casemix Conference will be held in tropical Cairns, North Queensland from Sunday August 27 to Wednesday August 30.

All Talking Casemix subscribers will soon receive a conference brochure in the mail. This will detail all sessions and will contain a registration and accommodation booking guide.

NAHCC is pleased to advise that its annual seminar has been restructured to fit within the Casemix Conference. (Note change of dates in panel opposite).

The Twelfth Casemix Conference will now offer specific Allied Health sessions as detailed on the next page. Additionally, at the conclusion of the Casemix Conference, NAHCC will host a post-conference workshop – *Planning For a Healthy Future*. Professor Don Hindle will deliver the keynote address at this workshop.

Delegates have the option of attending the Casemix Conference (which includes the three Allied Health sessions), the post-conference workshop, or both.

### HOW TO CONTACT NAHCC

NAHCC Secretariat, c/o Health Services Management Unit, RMIT University, GPO Box 2476V Melbourne 3001  
Level 16, 239 Bourke St Melbourne. Telephone: 03 9925 5961 Fax: 03 9925 5960  
Email: [ian.woodruff@rmit.edu.au](mailto:ian.woodruff@rmit.edu.au)

## NAHCC Seminar 2000 – What you can expect ...

### Twelfth Casemix Conference Concurrent Sessions: Program Snapshot

|  |   |
|--|---|
| <p>Monday 11.15-12.45am<br/> <b>Change Management: People and Organisations</b><br/> <i>Chair: David Stokes, Deputy Chair, NAHCC</i><br/>           Health care services continue to face rapid change. Allied Health practitioners are invariably caught up in these change processes. In this session, speakers will present various strategies for change management.</p> | <p>Tuesday 11am-12.30pm<br/> <b>Better the Data You Know</b><br/> <i>Chair: Ian Woodruff, Executive Officer, NAHCC</i><br/>           Activity and outcomes reporting are essential data elements in all health care settings. This session will explore existing and proposed classification systems pertinent to Allied Health clinicians. Topics include: ICD-10-AM (Ed. 3), Indicators for Intervention, Performance Indicators, Allied Health Service Weights &amp; Morbidity Data Sets.</p> |
| <p>Tuesday 4-5.30pm<br/> <b>Allied Health: Innovations &amp; Futures</b><br/> <i>Chair: Vivienne Wulfsohn, Chair, NAHCC</i><br/>           In this session a number of speakers will showcase current research in Allied Health management and clinical practice. The NAHCC four year Strategic Plan will also be presented during this session.</p>                         | <p>Tuesday 5.30-6.30pm<br/> <b>NAHCC Annual General Meeting</b> <ul style="list-style-type: none"> <li>• Confirmation of new NAHCC Committee and Executive.</li> <li>• Reports on NAHCC activities.</li> </ul> </p>   |

### The National Allied Health Casemix Committee Post Conference Workshop

Wednesday 12.30-4.30pm (lunch included)

## PLANNING FOR A HEALTHY FUTURE

|  |  |
|--|--|
| <p><b>Session 1: The Bigger Picture</b><br/> <i>Chair: Vivienne Wulfsohn, Chair NAHCC</i><br/>           A keynote address by Professor Don Hindle covering health service developments and the opportunities for Allied Health in this arena.</p> | <p><b>Session 2: Who Said What (A Summary of Allied Health Relevant Issues Raised in the Casemix Conference)</b><br/> <i>Chair: Catherine Itsiopoulos, NAHCC</i></p>   |
| <p><b>Session 3: Regional Developments – Lessons for Australia</b><br/> <i>Chair: Christine Carter, NAHCC</i><br/>           Speakers include Julie Watson from Networking North Queensland.</p>   | <p><b>Session 4: Allied Health in Y3K – A Healthy Future</b><br/> <i>Chair: Ian Woodruff, Executive Officer, NAHCC</i><br/>           This final session will look at future trends in Allied Health clinical practice and service management.</p> |

## Costs involved

|  |              |                |
|--|--------------|----------------|
| For the Twelfth Casemix Conference:    |              |                |
|  | Received by  | Received after |
|  | 28 July 2000 | 28 July 2000   |
| Full registration                      | \$645        | \$695          |
| Group bookings                         | \$595        | \$645          |
| For the Post Conference Workshop: \$55 |              |                |

All fees are inclusive of GST.

Delegates are welcome to attend the Post Conference Workshop only. Please use the Twelfth Casemix Conference Registration Brochure to register even if not attending the main Twelfth Casemix Conference.

Conference organisers, Conference Logistics, can also arrange your accommodation. See the Registration Brochure for these details and information on how to obtain discount airfares.

## Finding the funds to get there

NAHCC is sometimes asked to suggest sources of funding for conferences. The most obvious starting point is of course your own facility's staff development budget!

Professional associations and some research and charitable trusts also offer travel grants on occasion. Helen McCathie (NSW Allied Health Casemix Committee rep) suggests approaching your state / territory health department to see whether there are any funds allocated through department agencies.

Groups of three or more registrants can take advantage of the discounted group registration offer. Extra savings can also be made by registering before July 3.

# ICD-10, Third Edition In Planning

Most Talking Casemix readers will be familiar with the ICD-10-AM codes which categorise the types of procedures and activities performed in Australia's healthcare facilities. The Allied Health sensitive codes within the ICD system have previously been published as the Australian Allied Health Activity Classification System codes (colloquially known as the "blue book" codes). In Edition One of the ICD-10 coding manual they formed a discreet chapter.

In Edition Two of ICD, the Allied Health sensitive codes were rendered "provider neutral" and merged into the main body of the coding manual. Provider neutrality involved the removal of discipline-specific descriptions / definitions to permit the sharing of codes by all healthcare providers. The Third Edition of ICD-10 is now in planning and is scheduled for publication in January 2002 and implementation in July 2002.

The National Centre for Classification in Health (NCCH) manages the ICD system and consults with all professional groups when revisions are made. NAHCC coordinates the input from Australia's Allied Health professions and has formed an *ICD-10 review* subcommittee comprising four Executive committee members; Helen McCathie (NSW Allied Health Casemix Committee), David Stokes (Australian Psychological Society), Viv Wulfsohn (Australian Physiotherapy Association) and Ian Woodruff (Executive Officer).

Following consultation with Michelle Bramley from the NCCH, the following processes and timeline have been adopted for the review.

June 2000:

- ICD-10 review information kits distributed to all NAHCC representatives.
- Profession representatives asked to take lead role in review of codeset. Each profession to establish its own "internal" consultation mechanisms (with support from NAHCC).
- State / territory representatives asked to raise "implementation" (collection / analysis) issues.

August 2000:

- At time of Cairns Casemix Conference, representatives provide profession plan for consultation and review of profession relevant codes; State representatives provide feedback on data capture issues in their state.

October 2000:

- Professions provide NAHCC with report of their profession on code revisions.

December 2000:

- Profession based conclusions collated by NAHCC.
- Issues list collated and considered by NAHCC.
- Profession "overlap" issues facilitated by NAHCC.

February 2001:

- Final agreement between profession representatives.
- NAHCC submission finalised.

March 2001:

- NAHCC draft recommendations on codeset delivered to NCCH.
- NAHCC issues relevant to ICD system identified and brought to the attention of appropriate managing bodies.

August 2001:

- Final draft set of ICD-10 codes presented by NCCH at NAHCC AGM / Seminar.

February 2002:

- ICD-10-AM Third Edition published.

July 2002:

- ICD-10-AM Third Edition implemented nationally.

## Got something to say?

If as a member of your profession or just a reader you want to have your say these are the appropriate avenues:

Clinical or definitional issue: Contact your profession representative.

General or implementation issue: Contact your state or territory representative.

Contact details are provided on the back page of this edition of Talking Casemix.

## Profiling the NAHCC Executive ...

### Dr Phil Hamdorf



Dr Hamdorf is Head of the Centre for Physical Activity in Ageing, Hampstead Rehabilitation Centre and Chief Exercise Physiologist for the Department of Geriatric and Rehabilitation Medicine, Royal Adelaide Hospital.

Dr Hamdorf holds a PhD from the Flinders University of South Australia and has published and presented nationally and internationally in the field of exercise and ageing.

Dr Hamdorf was awarded a Churchill Fellowship in 1998 and has been honoured as a joint recipient of the inaugural South Australian Network for Research in Ageing - Research Award. Dr Hamdorf's Centre has also been awarded the inaugural "Active Ageing" award as part of the 1999 Celebrate Seniors awards.

Dr Hamdorf is currently President of the Australian Association for Exercise and Sports Science, Vice President of Sports Medicine Australia (South Australia Branch), President of Recreation for Older Adults and Chair of the Bio-physical Sciences Committee for the 2000 Pre Olympic Congress.

Dr Hamdorf is Head of one of Australia's largest 'hospital based' preventive health programs specifically devoted to the provision of physical activity and clinical exercise rehabilitation programs for older persons. The centre's current, weekly "active" client load exceeds 650 persons.

### And what is Exercise Science?

Exercise science is a multidisciplinary field concerned with the understanding and enhancement of human movement in the broadest range of exercise settings. The field includes the knowledge, methods and applications of the sub-disciplines of exercise physiology, biomechanics, functional anatomy, nutrition and lifestyle management, motor control and development and exercise and sport psychology and their interactions.

Exercise physiologists are experts in the application of physical activity programs. Some exercise physiologists focus on the prevention of illness, while others, those in the exercise therapy/rehabilitation domain treat patients with disease or disability. We are seeking GST exemption status only for those exercise physiologists working with patients with metabolic, cardio-respiratory, musculo-skeletal and/or neurological diseases and disabilities. These exercise physiologists match the immediate aspirations and needs of the patient with appropriate exercise interventions, and develop individualised compliance strategies.

Exercise physiologists work alongside other health and allied health professionals to maximise the recovery of patients. The work of the exercise physiologist commences when acute care professionals have stabilised the patient. As such, programs provided by exercise physiologists are post acute in nature and entail exercise interventions for injured persons experiencing cardio-respiratory, musculo-skeletal and/or neurological deficits. These exercise interventions specifically entail gross motor activities (involving strength and cardio-respiratory training) in addition to pertinent educational information relating to health promotion and injury prevention.



## Your NAHCC State & Professional Contacts

### State / Territory Casemix Groups

|            |  | Telephone    | Fax          | E-mail                              |
|------------|--|--------------|--------------|-------------------------------------|
| <b>ACT</b> | MaryLee Sinclair-Vogt<br>Canberra Hospital | 02 6244 2152 | 02 6244 2346 | Mary.Sinclair-vogt@act.gov.au       |
| <b>NSW</b> | Helen McCathie<br>Concord Hospital         | 02 9767 6550 | 02 9767 8445 | mccathieh@crgmail.crg.cs.nsw.gov.au |
| <b>NT</b>  | Christine Carter<br>Royal Darwin Hospital  | 08 8922 8831 | 08 8922 8900 | Chris.Carter@DWNRDH.THS.nt.gov.au   |
| <b>QLD</b> | Mary Haire<br>Prince Charles Hospital      | 07 3350 8443 | 07 3212 5147 | hairem@health.qld.gov.au            |
| <b>SA</b>  | Kate Roberts<br>Hampstead Hospital         | 08 8222 1600 | 08 8222 1732 | kroberts@hampstead.rah.sa.gov.au    |
| <b>TAS</b> | <i>currently vacant</i>                    |              |              |                                     |
| <b>VIC</b> | Catherine Itsiopoulos<br>Deakin University | 03 9251 7266 | 03 9244 6017 | ci@deakin.edu.au                    |
| <b>WA</b>  | Bill Edward<br>Royal Perth Hospital        | 08 9224 2050 | 08 9224 2050 | billedwa@rph.health.wa.gov.au       |

### Professional Associations

|                                    |   | Telephone    | Fax          | E-mail                              |
|------------------------------------|---|--------------|--------------|-------------------------------------|
| <b>Audiology</b>                   | Jan Pollard<br>Royal Children's Hospital                | 03 9345 5550 | 03 9345 5514 | pollardj@cryptic.rch.unimelb.edu.au |
| <b>CDHAC</b>                       | Jo Murray   | 02 6289 7493 | 02 6289 7630 | jo.murray@health.gov.au             |
| <b>Dietetics</b>                   | Annette Byron<br>Royal Adelaide Hospital                | 08 8222 5223 | 08 8222 5135 | abyron@nadmin.rah.sa.gov.au         |
| <b>Executive Member</b>            | David Rhodes<br>Hunter Area Health Service              | 02 4924 6341 | 02 4924 6006 | drhodes@doh.health.nsw.gov.au       |
| <b>Exercise Physiology</b>         | Phil Hamdorf<br>Hampstead Rehab Hospital                | 08 8222 1889 | 08 8222 1850 | phamdorf@hampstead.rah.sa.gov.au    |
| <b>Hospital Pharmacy</b>           | Naomi Burgess<br>Royal Adelaide Hospital                | 08 8222 4951 | 08 8222 5881 | nburgess@gp.rah.sa.gov.au           |
| <b>HPCA</b>                        | Jenni Smith<br>Donvale Private Hospital                 | 03 9842 3566 | 03 9842 7276 | donvale@medeserv.com.au             |
| <b>Medical Photography</b>         | Glenys Grant<br>Royal Vic Eye & Ear Hospital            | 03 9929 8666 | 03 9663 7203 | ggrant@rveeh.vic.gov.au             |
| <b>Music Therapy</b>               | Jeanette Kennelly<br>Royal Children's Hospital Brisbane | 07 3253 5340 | 07 3253 1978 | kennellyj@health.qld.gov.au         |
| <b>Occupational Therapy</b>        | Gayle Smith<br>Royal Children's Hospital                | 03 9345 5454 | 03 9345 5868 | smithg@cryptic.rch.unimelb.edu.au   |
| <b>Orthoptics</b>                  | Kerri Martin<br>Royal Victorian Eye and Ear Hospital    | 03 9929 8448 | 03 9929 8420 | kmartin@rveeh.vic.gov.au            |
| <b>Orthotics &amp; Prosthetics</b> | Natalie Sullivan<br>Austin Repat Medical Centre         | 03 9496 4651 | 03 9853 0950 | Natalie.SULLIVAN@armc.org.au        |
| <b>Physiotherapy</b>               | Viv Wulfsohn<br>Alfred Hospital                         | 03 9276 3455 | 03 9276 2702 | V.Wulfsohn@alfred.org.au            |
| <b>Podiatry</b>                    | Allison Petchell<br>Podiatry Council of Australia       | 03 9416 3111 | 03 9416 3188 | apodc@ozemail.com.au                |
| <b>Psychology</b>                  | David Stokes<br>RMIT University                         | 03 9925 1353 | 03 9925 5960 | david.stokes@rmit.edu.au            |
| <b>Social Work</b>                 | Jill Feltham<br>Royal Talbot Rehab Centre               | 03 9496 4591 | 03 9496 4589 | Jill.FELTHAM@armc.org.au            |
| <b>Speech Pathology</b>            | Paul Murray<br>Austin Repat Medical Centre              | 03 9496 5000 | 03 9496 3280 | paul.murray@armc.org.au             |